

Term 2

May 2019



Welcome everyone to the start of Term 2. This term includes our in house Fun Day, this is always a great day for our gymnasts and their families, we would love to see as many of our gymnasts attend as possible.

Some of you may have noticed that the Spreyton Bowls Club site is being cleared, this is to get ready for the build of our new facility to commence. The build is scheduled to start by the end of this month and at this stage we still have a completion date of early November.

The Club will be busy fundraising for the equipment needed to fit the building out, if anyone has any fundraising or sponsorship ideas please send them through to Leanne—
admin@devonportgymnastics.org.au

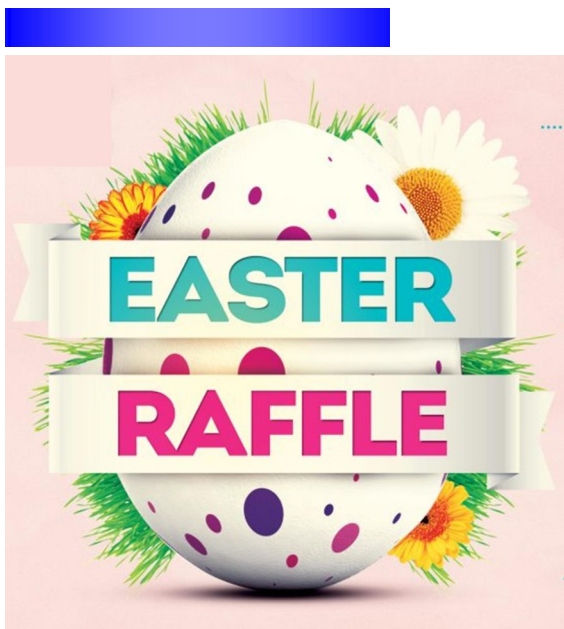
Our annual General Meeting was held early this month.



Thankyou to those that attended or nominated for our committee. Without the support of our families not for profit clubs such as ours can not continue to operate. We are very grateful to the small number of people that put their hand up to join the committee.

Dates To Remember....

- ◆ Fun Comp - 22nd & 23rd of June
- ◆ 12th June—Committee meeting at McDonalds party room 7.30pm
- ◆ 25th June—5th July Club Levels testing
- ◆ 8th July—20th July Classes run as usual in school holidays.



Congratulations

Congratulations to our lucky Easter raffle winners

- 1st Prize - Deb Kelly
- 2nd Prize - Kelly Alderson
- 3rd Prize - Natalie Davis
- 4th Prize - Tai Harris
- 5th Prize - Oliver Woodward
- 6th Prize - The Evans Family
- 7th Prize - Mathew Dickson
- 8th Prize - Natalie Davis
- 9th Prize - Sarah Davis
- 10th Prize - Jason F

A massive thank you goes out to everyone who donated prizes and bought tickets



Winter is just around the corner and as some of you may have noticed the temperature in our gym plummets quite considerably.

Rest assured our coaches will keep your gymnasts moving to avoid the cold with fast paced warm ups and lots of high energy activities.

But the cold cannot be avoided at the beginning and end of classes.

We encourage gymnasts to wear some extra layers during training times, but as we are still doing gymnastics there are some rules to follow.....

Jumpers without hoods are perfect for gymnastics as we are often upside down, jackets have zips or buttons on the front which damage our equipment these can not be worn during class.

Long sleeve **TIGHT FITTING** tops are also great to wear over a leotard and are recommended, as they can be worn throughout classes.

Long tights are great as well but must be tight around ankles (loose legs create trip hazards especially on beam).

Lastly please remember to bring shoes and socks to leave the gym



JUNIOR STATE DEVELOPMENT SQUAD

In April seven of our eight members of the Junior State Development Squad once again travelled to Hobart for the second development squad Clinic, this time with Master coach Crystal Yeo who is a high performance coach at Waverly Gymnastics in Victoria. The girls had a great time at the clinic and loved Crystals style of coaching. All of our girls are continuing to work very hard on their strength and skills ready for the next clinic in Hobart at the end of June.





TEAM COLOURS FUN DAY

On the **22nd and 23rd of June** we will be holding our annual “**Team Colours Fun Day**”.

This is a great event and is growing every year!!!

Gymnasts across all levels and ages will have the chance to show off what they have been learning in their classes in front of a crowd.

Gymnasts will be divided into teams and will be given a Team Leader (one of our awesome senior gymnasts!!) and a colour to dress up in.

Gymnasts will all receive a feedback certificate with stickers relating to the execution of the skills they have performed, as well as many awards for various fun and special things given out throughout the day.

Team Colours Fun Day is an excellent opportunity for gymnasts to experience a competition like atmosphere without stress and pressure - just a whole lot of fun!!!

This is also a chance for our competitive gymnasts to test run their competition routines before their first big comp of the year, for many of our new competitive gymnast this will be their first comp and is a great experience to get some of the jitters out of the way.

Parents, brothers, sisters and grandparents (the more the merrier) are all welcome to come along and show their support and loud cheering voices, there will be a canteen for lunches and treats. Spectator entry via gold coin donation all entry fees will help our level 6 team get to National Clubs Carnival on the Gold Coast in September .

Entry forms have been given out in class and also emailed. Dates, times and team will be confirmed once all entries have been received and gymnasts will be notified



Youth Development Squad

*If your actions inspire others to dream more, learn more, do more and become more,
You are a leader.*

John Quincy Adams

Leadership is required in all areas of our lives and can be developed as we grow older. The **Devonport Gymnastics Club Youth Development Squad (YDS)** leadership program gives our young people opportunities to develop leadership qualities and their personal leadership style. The available opportunities may include coaching and working with younger children, administration and organisational tasks and learning positive communication skills; all occurring within a supported, team-focussed structure. Developing a personal leadership style will be useful for each young person's future but particularly useful to improve and develop our fantastic club.

2019 had a record number of applicants, Congratulations to our new squad members :

Aaron Davis

Michaela Kennedy—Pascall

Sophie Rolfe

Daniel Wilson

Freycinet Bissell

Imogen Tyers

Shauna Mason

These members attended a coaching workshop in May and will attend a leadership workshop in June. They are now all coaching in our Fundamental, Club Levels and Development classes so be sure to say hello and let them know what a great job they are doing.

Devonport Gymnastics Club

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