

Term 1

April 2019



From the Coordinator

Welcome to all of our returning and new members, we are all looking forward to a great year at gymnastics. Most of you would be aware that we had some staffing issues in the first three weeks of term but we are now back on track, we would like to thank all those families affected for your patience during this time.

We are very excited that we will commence the build of our new facility in the very near future, we have applied for a development application and hope to have this will be approved in time for the build to commence sometime in May.

While we have secured the funds to build the facility it will be up to the Club to fit it out with equipment, we will be taking our current equipment with us however there is still much more needed. Gymnastics equipment is very expensive, the foam pit alone will cost \$125,000 and a new sprung floor \$85,000 this is without trampolines, tumbling tracks, bars, rings, matting etc. If any of our members have any fundraising ideas or if you would just like to help please feel free to share them with us. You can email them to Leanne: amdin@devonportgymnastics.org.au



Dates To Remember....

- Wednesday 11th April—
General Committee Meeting
- 15th— 27th April Classes continue as normal during the holidays (excluding Good Friday, Easter Saturday, Easter Monday and Anzac Day)
- 17th April—Egg for basket and raffle tickets due back

New Faces.....

There are a few new faces around the gym in 2019 and some old ones as well.....



Chloe New

Chloe has been a gymnast with Devonport Gymnastics for many years.

Chloe recently retired from competitive gymnastics after reaching Level 7 in 2018. Chloe is caring, nurturing and enthusiastic and is an excellent addition to our coaching team.

Chloe is currently studying at Don College and planning on becoming a teacher.

Jessica Black

Jess competed in gymnastics, and has grown up in our club. After finishing up training Jess took on a coaching role for a few years and also has complemented her intermediate judging course as well.

Jess is working her way through a hair dressing apprenticeship but is making time to be back in the gym on a Friday night with our teen girls class. Jess brings a wealth of knowledge to this class and we are really enjoying having her back in the gym.

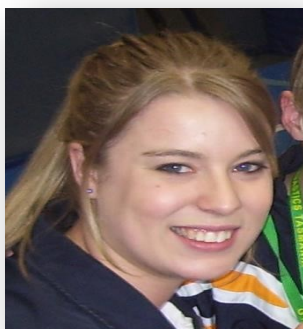


Aaliah Dennison

Aaliah has recently retired from competitive gymnastics after reaching level 7.

Aaliah has represented the club and state at Trans bass competitions.

Aaliah started her coaching journey last year in our Youth Development Program, and is showing great leadership qualities in her classes. Aaliah is currently working in our Fundamentals and club levels classes on Tuesdays and is making a great start on her coaching career.

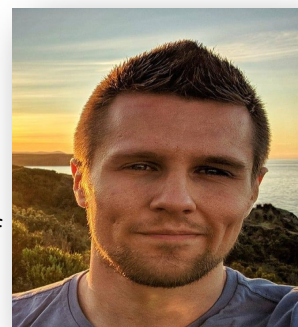


Samantha French

Some of you may recognize Samantha, she has been involved in gymnastics for many years and starting coaching at Devonport Gymnastics. Samantha has some time out of the gym to complete her teaching degree. Same is currently teaching and Nixon Street primary and is in the gym on a Thursday night. Samantha also has a background in circus and we can't wait to use those skills come display time!

Sam McCall

Sam is our resident Ninja and Parkour expert at Devonport gymnastics and is also completing his training to become a qualified Personal trainer! We are lucky enough to have Sam working in our boys program on a Friday night. Sam's classes are always fun and fast paced with the perfect balance of gymnastics, Parkour and strength training.



Kelly Alderson

Kelly is the newest addition to our Coaching team, you may have seen her around the gym. Kelly is a mum of 2, and is also completing her training in order to become a Personal trainer.

Kelly has been working in various classes and is picking up the language of gymnastics really quickly.

Leanne Hardimon

Leanne is a mum of one of our senior gymnasts and is currently working in our Wrigglers program.

Leanne has a background working in Family day care and is bringing lots of fun and energy to our Wrigglers classes on Wednesday mornings.



JUNIOR STATE DEVELOPMENT





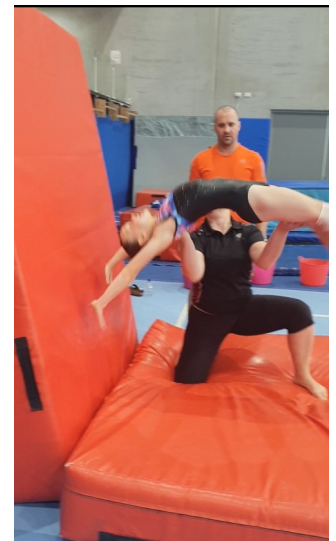
State Development Squad

The first clinic for the Junior State Development Squad was held in Hobart in February. Devonport has eight gymnasts selected to participate in five clinics throughout the year:

Mia Smith
Georgia Perry
Allie Hardimon
Teah Williams
Isabel Walton
Holly Sutcliffe
Maggie White
Aimee Duguid

All of these girls currently train 11 hours per week and work hard on their skills and achieved high scores on their physical preparation testing which is why they were selected onto the State development squad.

The clinics will all have a master coach from various mainland clubs instructing the gymnasts. The first clinic was run by Cody Moore who is an elite coach from Manly Warringah Gymnastics Club in NSW. The girls all enjoyed the experience and are looking forward to the next clinic.





Club Levels Progression Testing

Our Club Levels classes are busy working on their routines for their testing weeks. Testing weeks will be held from the **2nd –12th of April**.

Testing days are a low pressure event where gymnasts show coaches the routines they have been learning during the term, their routines are videoed and then reviewed and assessed by our coaches. Awards will be given out for successful completion of the grading routines, certificates are awarded to silver levels and ribbons awarded when gymnasts complete the full level



PHYSICAL TESTING

Over the past two weeks our competitive classes and pre competitive have been participating in physical testing, this is an extremely important part of their program. Testing is done up to three times per year and helps our coaches set strength and flexibility pro-

EASTER RAFFLE

This is one of our regular fundraisers and all money raised will go towards equipment for our new gym. Please remember to bring your item for our baskets in and return raffle books by Wednesday 17th April



WRIGGLERS

Our class for pre school age children is on Wednesday mornings is currently full. We are hoping to open another class very soon starting at 11am. Enquiries : admin@devonportgymnastics.org.au

